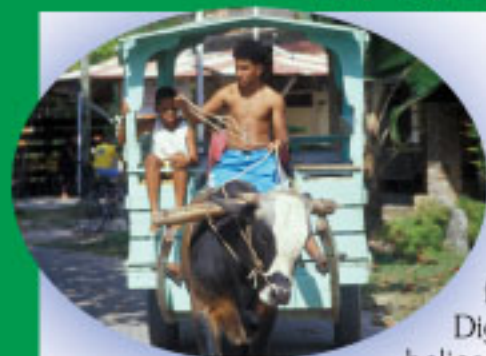


## LA DIGUE MAP



**L**a Digue has retained its privacy over the centuries owing to the reefs surrounding it. Known as the "Pearl" of the Indian Ocean, it is the fourth largest island in the Seychelles (five km by three) and lies 43km from Mahé and 6.5km from Praslin. Today visitors arrive in La Digue on a comfortable ferry or by helicopter. La Digue's many attractions include boardsailing, sailing and fishing, windsurf, horse riding and cycling.

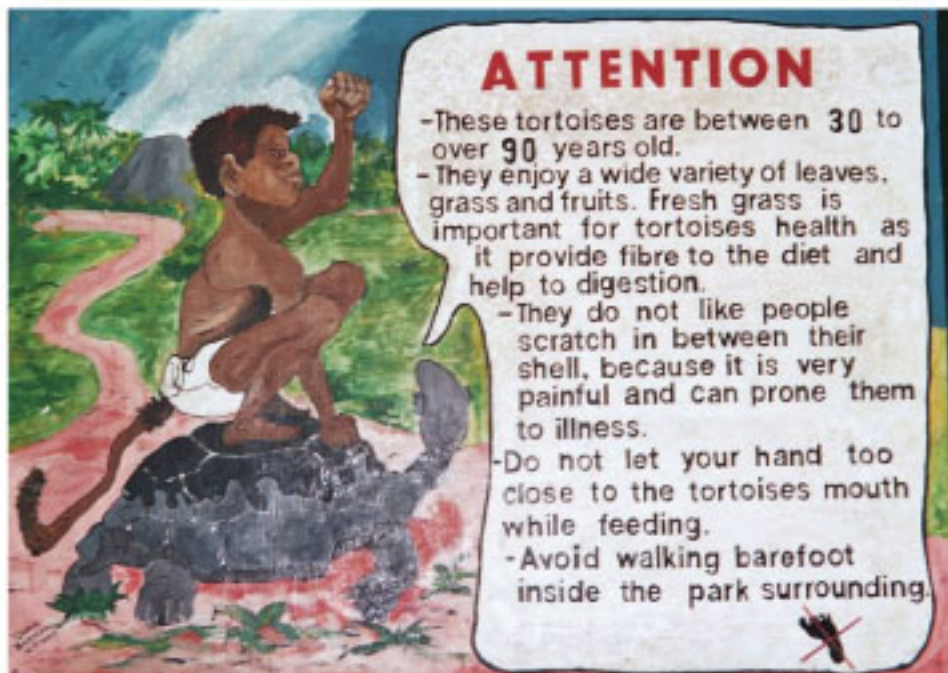
The island houses a vanilla plantation, treatment plants, giant turtles, a coconut oil factory, well-preserved colonial style houses and rare birds.

### How to reach La Digue:

By air or sea from Mahé to Praslin and then by local ferry in 30 minutes. From Mahé there is a direct three-hours sea ferry.

La Digue is reachable also by helicopter in 15 minutes.

See more details from page 205



### ATTENTION

- These tortoises are between 30 to over 90 years old.
- They enjoy a wide variety of leaves, grass and fruits. Fresh grass is important for tortoises health as it provide fibre to the diet and help to digestion.
- They do not like people scratch in between their shell, because it is very painful and can prone them to illness.
- Do not let your hand too close to the tortoises mouth while feeding.
- Avoid walking barefoot inside the park surrounding.